

# Finders, KEEPERS

There's more to brushing your teeth than just toothpaste and a toothbrush! Read the statements below for tips on how to brush your teeth. Then, find the words in bold in the word find.



Brush your teeth **TWICE** a day for **TWO MINUTES** each time.

Make sure your toothpaste includes **FLUORIDE** to help fight cavities.

Your **TOOTHBRUSH** should be replaced every three months. A toothbrush with **SOFT** bristles is best. Brush your **TONGUE** to get rid of bacteria and make your breath smell good!

You only need to use a dab of toothpaste the size of a **PEA**.

Always brush your **TEETH** after eating sticky foods like raisins or taffy.

X	A	F	U	E	H	E	I	R	Y	O	S	I	W	V
Y	G	K	P	V	Q	U	W	D	M	S	C	I	S	J
F	B	T	T	Q	F	G	A	T	P	I	A	B	Y	S
L	V	V	C	O	I	N	O	E	X	U	O	V	Q	S
U	C	Q	K	A	O	O	V	F	C	G	P	B	S	O
O	O	O	A	E	P	T	D	Y	P	I	V	C	P	F
R	I	Z	F	F	Z	I	H	V	F	C	W	M	Y	T
I	G	M	B	N	G	V	Q	B	O	V	Z	T	Q	F
D	C	P	S	I	C	W	L	K	R	V	F	C	J	R
E	V	G	S	X	Q	U	I	K	A	U	T	F	T	A
Q	J	T	W	O	M	I	N	U	T	E	S	I	E	G
X	H	I	D	U	X	K	O	P	E	X	Z	H	C	D
R	L	R	P	M	G	T	O	T	K	B	N	Y	H	K
Y	Y	Z	X	D	X	L	H	W	L	T	X	R	M	Q
K	M	K	B	C	F	H	D	R	K	H	E	O	G	I

FOR MORE FUN, ask a parent for help getting online to take quizzes on the Tooth Fairy, healthy snacks and more! Visit [deltadental.com/toothfairy](http://deltadental.com/toothfairy) to get started.

