



## A healthy dental checkup can lead to a healthy medical one.

If you think your dental health isn't important, the latest research could give you a change of heart. Recent studies indicate that the oral bacteria associated with periodontal disease may promote the buildup of artery-clogging plaque, which can lead to heart attacks. Preventing periodontal disease can be as easy as brushing, flossing and seeing your dentist regularly. Make an appointment today. Because your dental health is something you should really take to heart.