

Having a dental emergency?

Hospital emergency rooms are not the best place for a dental emergency.

If your dentist's office is closed, or if you do not have a dentist, there are dental clinics who will see you to treat a dental emergency.

These dental clinics have a sliding fee scale (based on your income) and also take Medicaid.



Find a clinic to treat a dental emergency at:
<https://nc.deltadental.com/dentalemergencies>

What is a dental emergency?

A dental emergency is a service needed to:

- Relieve pain
- Treat infections
- Prevent loss of teeth
- Treat injuries
- Control bleeding



Toothbrushes are NOT for sharing!

Sharing a toothbrush can lead to:

- Spreading viruses, like COVID-19
- Spreading the bacteria that causes gum disease
- Spreading the virus that causes oral herpes

If your gums bleed and bacteria on someone else's toothbrush enters your bloodstream, you are even at risk for hepatitis or HIV.

If you have been sick, make sure you get a NEW toothbrush.

To keep your mouth and your body healthy:

- Brush your teeth twice a day
- Floss once a day (best at night)
- See your dentist every 6 months
- Make sure every member of your family has their own toothbrush



For more information about the Delta Dental Foundation, visit:

<https://nc.deltadental.com/ddf>